

**Bikur Cholim (Visiting the Sick)  
Volunteers Wanted!**

- Perform the mitzvah of bikur cholim (visiting the sick)
- Volunteers are wanted to visit shut-ins, nursing home and lodge residents as well as hospitals
- Make your own schedule
- Free orientation and skills training workshop, June 25, 2009 at the JCC.

For more information contact Sari Shernofsky at 403-251-6507 or [sari.shernofsky@shaw.ca](mailto:sari.shernofsky@shaw.ca).